



Full Breakfast Buffet

Selection of Fresh Juices and Fruits, Cereals
Breakfast Meats, Omelet's, Waffles, Pastries
Coffee or Tea

Continental Breakfast Buffet

Selection of Fresh Juices and Fruits
Cereals, Yogurt, Pastries
Coffee or Tea

Japanese Breakfast Bento

Egg Omelet, Half Papaya
Broiled Salmon, Miso Soup
Pickled Vegetables, Ume
Teriyaki Nori, Steamed White Rice

Juices and Fruits

Fresh Orange, Grapefruit, Pineapple, Guava, POG or Lilikoi juices

Apple, Cranberry, Prune, Tomato, V-8 juices

Kohala Ruby Grapefruit Segments with Hawaiian Raw Sugar or White Wild Keawe Honey

❁ Fresh Big Island Fruit Plate, Mauna Kea Banana Bread

Sliced Maui Gold Pineapple

Half Puna Papaya

Fresh Seasonal Berries

Cereals & Yogurts

Selection of Assorted Brand Cereals with Sliced Kea'au Bananas

Steel Cut Oatmeal with Seasonal Berries or Sliced Kea'au Bananas

Bircher Muesli of Oats, Raisins, Macadamia Nuts, Fresh Fruits and Seasonal Berries

Natural or Fruit Flavored Yogurt with Seasonal Berries

Anahola Granola, Plain or Tropical

Breakfast Features: With Breakfast Potatoes of The Day

Two Organic Farm Fresh Eggs Any Style with Choice of Meat

Three Egg Omelet with Choice of Big Island Vegetables, Cheese and Choice of Meat

❁ Hamakua Three Egg White Omelet, Sliced Tomatoes, Ahualo'a Feta Cheese, Waimea Spinach, Ali'i Mushrooms

Kalamata Olives, EVOO

Portuguese Smoked Pork Omelet, Kurabota Smoked Pork, Sweet Kula Onion, and Green Onion

Big Island Vegetables, and Choice of Cheese

"Oscar" Benedict, Lump Crab, Asparagus, Poached Eggs, with Béarnaise Sauce

Traditional Eggs Benedict, Canadian Bacon with Hollandaise' Sauce

❁ Homemade Corned Beef Hash with Two Eggs Any Style

"Steak and Eggs", Prime N.Y. Steak with Two Eggs Any Style, Caramelized Maui Onions

Smoked Salmon with Toasted Bagel, Shaved Maui Onion, Sliced Tomatoes, Cream Cheese and Capers

❁ "Loco Moco", American Wagyu Beef Burger, Fried Rice, Mushroom Gravy and Two Eggs Any Style

❁ Manta - Signature Item



Hot off the Griddle: With Choice of Pure Maple or Coconut Syrup

Buttermilk or Whole Wheat Pancakes

with Choice of Macadamia Nuts, Blueberries, or Sliced Kea'au Bananas

Belgian Waffle

with choice of Fresh Strawberries or Sliced Kea'au Bananas, and Whipped Cream

❁Homemade Portuguese Sweet Bread French Toast with Wild Poha Jam

Side Dishes

Smoked Ham, Pork Link Sausage, Bangers Sausage, Chicken Apple Sausage

Portuguese Sausage, Bacon, Canadian Bacon or Turkey Bacon

Steamed Rice, White or Brown

Breakfast Potatoes

Yukon Gold Hash Brown Potatoes.

Bakery

Pastry Basket with Mini Muffins, Pecan Rolls, Cheese Squares, (6 Pieces)

Whole Wheat, White, Rye, Multi-Grain, and Sourdough Bread, English Muffin, Plain or Raisin Bagel

❁Mauna Kea Banana, Mango, or Carrot Bread

Breakfast Bread Pudding with Vanilla Anglaise

Smoothies & Beverages

Kauna'oa Smoothie, Choice of Seasonal Fruit, Organic Soy Milk and Plain Yogurt

Chai Tea Smoothie, with Organic Soy Milk, Tahitian Vanilla Ice Cream, Plain Yogurt

❁“Mauna Kea Sunrise”, Orange Sorbet, Organic Vanilla Soy Milk, Plain Yogurt

Freshly Brewed Hawaiian Blend Coffee or Decaffeinated Coffee

Small Pot

Large Pot Mauna Kea Selection of Hot Teas

Kaunao'a Keiki Menu

Seashell Pancakes

Buttermilk or Wheat Pancakes with Fresh Strawberries or Sliced Kea'au Bananas

Little Surfah' Eggs

Organic Farm Fresh Eggs Any Style with Potatoes or Toast, Choice of Meat

Waipi'o French Toast

Sweet Bread French Toast with Pure Maple or Coconut Syrup

Assorted Cereals with Sliced Kea'au Bananas

Oatmeal or Cream of Wheat with Sliced Kea'au Bananas or Strawberries

Plain or Fruit Yogurt with Seasonal Berries

❁Manta - Signature Item

