**Full Breakfast Buffet**
Selection of Fresh Juices and Fruits, Cereals, Breakfast Meats, Omelet’s, Waffles, Pastries, Coffee or Tea

**Continental Breakfast Buffet**
Selection of Fresh Juices and Fruits, Cereals, Yogurt, Pastries, Coffee or Tea

**Japanese Breakfast Bento**
Egg Omelet, Half Papaya, Broiled Salmon, Miso Soup, Pickled Vegetables, Ume, Teriyaki Nori, Steamed White Rice

**Juices and Fruits**
- Fresh Orange, Grapefruit, Pineapple, Guava, POG or lilikoi juices
- Apple, Cranberry, Prune, Tomato, V-8 juices
- Kohala Ruby Grapefruit Segments with Hawaiian Raw Sugar or White Wild Keawe Honey
- Fresh Big Island Fruit Plate, Mauna Kea Banana Bread
- Sliced Maui Gold Pineapple
- Half Puna Papaya
- Fresh Seasonal Berries

**Cereals & Yogurts**
Selection of Assorted Brand Cereals with Sliced Kea’au Bananas
- Steel Cut Oatmeal with Seasonal Berries or Sliced Kea’au Bananas
- Bircher Muesli of Oats, Raisins, Macadamia Nuts, Fresh Fruits and Seasonal Berries
- Natural or Fruit Flavored Yogurt with Seasonal Berries
- Anahola Granola, Plain or Tropical

**Breakfast Features: With Breakfast Potatoes of The Day**
Two Organic Farm Fresh Eggs Any Style with Choice of Meat
- Three Egg Omelet with Choice of Big Island Vegetables, Cheese and Choice of Meat
  - Hamakua Three Egg White Omelet, Sliced Tomatoes, Ahualo’a Feta Cheese, Waimea Spinach, Ali’i Mushrooms, Kalamata Olives, EVOO
  - Portuguese Smoked Pork Omelet, Kurabota Smoked Pork, Sweet Kula Onion, and Green Onion
  - Big Island Vegetables, and Choice of Cheese
- “Oscar” Benedict, Lump Crab, Asparagus, Poached Eggs, with Béarnaise Sauce
- Traditional Eggs Benedict, Canadian Bacon with Hollandaise’ Sauce
  - Homemade Corned Beef Hash with Two Eggs Any Style
  - “Steak and Eggs”, Prime N.Y. Steak with Two Eggs Any Style, Caramelized Maui Onions
- Smoked Salmon with Toasted Bagel, Shaved Maui Onion, Sliced Tomatoes, Cream Cheese and Capers
  - “Loco Moco”, American Wagyu Beef Burger, Fried Rice, Mushroom Gravy and Two Eggs Any Style

- Manta - Signature Item
Hot off the Griddle: With Choice of Pure Maple or Coconut Syrup
Buttermilk or Whole Wheat Pancakes
with Choice of Macadamia Nuts, Blueberries, or Sliced Keʻaʻau Bananas
Belgian Waffle
with choice of Fresh Strawberries or Sliced Keʻaʻau Bananas, and Whipped Cream
⭐ Homemade Portuguese Sweet Bread French Toast with Wild Poha Jam

Side Dishes
Smoked Ham, Pork Link Sausage, Bangers Sausage, Chicken Apple Sausage
Portuguese Sausage, Bacon, Canadian Bacon or Turkey Bacon
Steamed Rice, White or Brown
Breakfast Potatoes
Yukon Gold Hash Brown Potatoes.

Bakery
Pastry Basket with Mini Muffins, Pecan Rolls, Cheese Squares, (6 Pieces)
Whole Wheat, White, Rye, Multi-Grain, and Sourdough Bread, English Muffin, Plain or Raisin Bagel
⭐ Mauna Kea Banana, Mango, or Carrot Bread
Breakfast Bread Pudding with Vanilla Anglaise

Smoothies & Beverages
Kaunaʻoa Smoothie, Choice of Seasonal Fruit, Organic Soy Milk and Plain Yogurt
Chai Tea Smoothie, with Organic Soy Milk, Tahitian Vanilla Ice Cream, Plain Yogurt
⭐ “Mauna Kea Sunrise”, Orange Sorbet, Organic Vanilla Soy Milk, Plain Yogurt
Freshly Brewed Hawaiian Blend Coffee or Decaffeinated Coffee
Small Pot
Large Pot Mauna Kea Selection of Hot Teas

Kaunaoʻa Keiki Menu
Seashell Pancakes
Buttermilk or Wheat Pancakes with Fresh Strawberries or Sliced Keʻaʻau Bananas
Little Surfah’ Eggs
Organic Farm Fresh Eggs Any Style with Potatoes or Toast, Choice of Meat
Waipiʻo French Toast
Sweet Bread French Toast with Pure Maple or Coconut Syrup
Assorted Cereals with Sliced Keʻaʻau Bananas
Oatmeal or Cream of Wheat with Sliced Keʻaʻau Bananas or Strawberries
Plain or Fruit Yogurt with Seasonal Berries
⭐ Manta - Signature Item